You will upload your personal statement into your ApplyYourself Applicant Statements.

**Psychology PhD Personal Statement:**

This statement is an integral part of your application and will be weighted heavily in its evaluation. Your statement (not to exceed three double-spaced pages) should be written in narrative style, and should minimally include the following points.

- How you became interested in psychology;
- The specific factors that led you to apply to Minnesota for *this* area of specialization;
- The subject matter areas in psychology that interest you most at this point;
- A brief description of any participation in research, applied psychology, or employment that might be relevant to your application;
- An acknowledgement of your outstanding strengths and weaknesses (including specific skills, special talents or aptitude that will contribute to your success as a graduate student in psychology);
- The kinds of work you see yourself doing in seven or eight years after you complete your degree.